

As a result of examining how I can be of the utmost service and value to my ideal clients, I am excited to announce that I have made some important changes to my chiropractic and health coaching practice that will positively affect you.

I am focusing on three main areas:

Psychological and Spiritual Rebirth

This service is for those individuals with the desire to discover their own identity and re-create themselves in their own best interest. You are the Creator of your life and the process you use to create it affects all that you think and feel, the quality of your relationships, and the conditions and events of your life. I will coach individuals who can demonstrate proficiency in caring for their life force and I can guide you through the process if you are ready, willing, and able to make a commitment to learn it.

As a Creator you have the power to uncreate or discreate what you have created when it is no longer serving you. I can help you resolve any of these negative situations that you have in your life:

- Addictions
- Loss or damage of anything that you treasure
- What you like or resist in others
- Any compulsions, neurosis, obsessions, phobias, and so on.
- Inability to manifest desired relationships, money, job, successes, and so on.
- Any negative behavior or pattern of behavior
- Any negative situation in your life
- Any negative emotion.

Telephone coaching: \$150 per hour

Person to person coaching: \$150 per hour

Seminar or workshop: \$1500 for 3 hours plus travel and lodging

Speaking: \$500 plus travel and lodging

Join as a member and get access at <http://drshemuelisrael.com>. Dues are \$10 per month.

Self-care

This service is for individuals desiring to take control of their own health care as part of controlling one's destiny. Self-care is a complex health regimen that involves maintenance in at least five domains. In the physical domain your natural needs involve prosperity systems, natural light, fresh chemical-free water, whole food nutrition, breathing coordination, and anti-aging fitness (agility, flexibility, sensory-motor balance, and core strength in four areas that stabilize your body). If you are ready, willing and able to take control of your destiny, let's talk.

Biological and Functional Medicine

For people with chronic health conditions that they are ready to improve, please submit a completed [comprehensive health questionnaire](#) and copy of your medical records. Your first appointment will be scheduled after I have received all of the above material.

These are some of the conditions that can benefit from a system that searches for the underlying cause:

1. Energy issues like chronic fatigue, weakness, and so on.
2. Inflammatory conditions like obesity, type II diabetes, rheumatoid arthritis, lupus, crohn's disease, gastritis, etc.
3. Weight or body composition issues
4. Cardiovascular dysfunction such as hypertension
3. Stress related issues

Dr. Shemuel Israel
Life and Wellness Coach